



**KUMAUN UNIVERSITY, NAINITAL**  
**ODD SEMESTER EXAMINATION SESSION: 2025**

**Examination Schedule**  
**M.A. YOGA – I SEMESTER (NEP)**  
**(Time: 9.00 A.M. to 12.00 P.M.)**

Date & Day	Subject/Paper
6/1/2026 Tuesday	Pillars of Yoga
8/1/2026 Thursday	Basic Concepts of Research
10/1/2026 Saturday	Principles of Hath Yoga

**Note : No guarantee can be given to the candidates regarding the order of the question paper.**

Date: 31-12-2025  
Place: Nainital

*HC* Registrar  
Kumaun University, Nainital  
*HC*